



General Information



FREE BREAKFAST FOR ALL STUDENTS

All students are offered a nutritious breakfast free of charge.

FREE MEAL BENEFITS - Lunch meals are available free of charge for those students who qualify

Parents are encouraged to submit a household meal benefit application either online at www.sdhc.k12.fl.us/sns, or via a paper application. A household application means that parents complete only one application for all children in the same home. Parents can learn about the status of their application by calling 1-866-544-5575. *Parents are expected to pay for all meals until an application is processed and approved.*

MEAL PRICES

Your child may qualify for free or reduced price meals. **Apply for FREE meals at <https://www.myschoolapps.com/Application>**
Apply for benefits through the Florida Department of Children and Families at <https://www.myflorida.com/accessflorida/>
The reduce price lunch cost of 40¢ is waived (provided at no charge) for children approved for reduced price meals. Breakfast is free for all students. Elementary lunch costs \$2.25, and Secondary lunch costs \$2.75.

ON-LINE "MEAL HISTORY"/ON-LINE PAYMENTS

- Check out Meal History at <https://www.MyPaymentsPlus.com/> to review two weeks of menu selections for any student.
- Making **on-line payments** is a quick and easy way to be sure a child has enough money to pay for meals. Just go to <https://www.MyPaymentsPlus.com/> follow the instructions for online payments. ***Plus, you can receive regular e-mail "reminders" when your child's balance is low.***

SPECIAL DIETS/MEALS

If a child requires a diet substitute because of a medical condition, the parent is encouraged to complete a **DIET PRESCRIPTION FORM**. A **meal preference form** can also be completed by the parent if other needs are required because of cultural or religious reasons. Both forms, available on the SNS web page, are ***required each school year.***

NUTRITION INFORMATION

Visit the SNS website to get nutrition facts such as calories, fat grams and allergens for daily menu items. A comprehensive nutrition communication program provides serving line signage on nutrition info for all menu items.